

Elementary II Social Skills-

Emotional Awareness Group

Ages 9-11

Wednesdays

From 5:45-6:45pm
(Max Members is 8)



**7 Weeks of group and
1 parent check**

8 weeks

- Increase self awareness and self-reflection skills
- Enhance social skills
- Navigate social situations.
- Express difficult feelings
- Explore empathy
- Increase frustration-tolerance
- Strengthening coping skills
- Improve self esteem

**NOW
ENROLLING!
Limited
Space**

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